

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Almond Extract, Imitation - Classic/McCormick	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
Apple sauce	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Bacon bits imitation	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Bagel- Bake Crafters	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Baked Beans, Block&Barrel	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Baking Powder- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Base, Beef- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Base, Chicken- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Beef Crumbles- JTM	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Beef Meatballs, JTM	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Beef Meatballs, Tyson	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Beef, Hamburger- Advance	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Beef, Hamburger- Pierre	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Beef, Roast Beef Deli	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Beef, Two-fer	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Biscuit, Frozen, Raw- Pillsbury	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Bread, 100% Wheat- Cotton's	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Bread, Biscuits- Cotton's	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Bread, Extra Thin- Holsum	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Bread, Gordita/Loco- Father's Table	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Bread, Hamburger Buns- Cotton's	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Bread, Hot dog buns- Holsum	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Candies, Multi-Color Ernie's	No	No	Yes	No	No	No	Yes	No	Yes	No
Catfish- Harvest Select	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cereal Bar, Cheerios Strawberry- General Mills	No	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes
Cereal Bar, Cinnamon Toast Crunch- General Mills	No	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes
Cereal Bar, Cocoa Puffs- General Mills	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Cereal Bar, Fruity Cheerios- General Mills	No	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Cereal Bar, Milk N', Cinnamon Toast Crunch- General Mills	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cereal Bar, Milk N', Cocoa Puffs- General Mills	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cereal Bar, Milk N', Honey Nut Cheerios- General Mills	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cereal Bar, Trix- General Mills	No	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Cereal, Cinnamon Toasters- Malt-o-Meal	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Cereal, Coco Roos- Malt-o- Meal	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cereal, Cornflakes- Malt-o- Meal	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cereal, Crisp Rice- Ralston/Gilster	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cereal, Frosted Flakes- Malt- o-Meal	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cereal, Honey Nut Scooters- Malt-o-Meal	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cereal, Marshmallow Mateys- Malt-o-Meal	No	Yes	Yes	Yes	Yes	No	Yes	No	No	No
Cereal, Tooti Fruities- Malt- o-Meal	No	Yes	Yes	No	Yes	No	Yes	No	No	No
Cheese, American	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Cheese, Cheddar	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Cheese, Mozzarella	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Cheese, Parmesan- Sysco	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Cheese, String- Schreiber	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Cheese, Swiss- Block & Barrel Imperial	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Chicken Breaded Strip- Gold Kist	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Chicken Nuggets- Kings Delight	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Chicken Patty, Breaded- Tyson	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Chicken Patty, Grilled- Kings Delight	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Chicken Patty, Spicy- Gold Kist	No	No	Yes	Yes	Yes	Yes	Yes	No	No	No
Chicken Popcorn- Gold Kist	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Chicken, New Orleans- Asian Food Solutions	No	Yes	Yes	No	No	Yes	No	No	No	Yes
Chicken, Smackers- Gold Kist	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Chicken, Teriyaki- Pierre	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Chip, Cheetos Baked- Frito Lay	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Chip, Corn Tortilla- Medallion	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Chip, Doritos Nacho Cheese- Frito Lay	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Chip, Doritos Nacho Cheese Baked- Frito Lay	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Chip, Fritos- Frito Lay	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Chip, Funyuns- Frito Lay	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Chip, Pretzel- Rold Gold	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Chow Mein Yesodles, La Choy	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cookie, Fortune- Minh	Yes	No	Yes	Yes	Yes	No	Yes	No	No	No
Corn Dog- Don Lee Farms	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Corn Meal, Yellow- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Corn Starch- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cracker, Animal- Stauffer's	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Graham Crumbs- Keebler	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cracker, Graham Original- Keebler	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Saltine- Nabisco	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Sandwich- Austin	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Cracker, Townhouse- Keebler	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Waffle Graham, Apple Cinnamon- MJM	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Cracker, Waffle Graham, Blueberry- MJM	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Waffle Grahams, Strawberry- MJM	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Cracker, Wheat- Keebler	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Crackers, Goldfish	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Creole Seasoning- Zatarain's	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Donut, Round- Bake Crafters	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Donut, Twist- Bake Crafters	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Egg Patty- Michael Foods	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Egg Roll- Schwann/Minh	Yes	No	No	Yes	Yes	Yes	Yes	No	No	Yes
English Muffins	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Fajita Seasoning Mix- Imperial Sysco	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
File, Gumbo- Adam's	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fish Strips- Trident	No	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes
Food Color, Blue- Bakersource Imperial	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
Food Color, Green- Bakersource Imperial	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
Food Color, Red- Bakersource Imperial	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
Food Color, Yellow- Bakersource Imperial	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
French Toast- Farm Rich/ Sea Pak	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Fruit, Cranberry Sauce	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fruit, Frozen Tube- Xcooler	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fruit, Fruit Cup, Peach- USDA	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fruit, Fruit Cup, Strawberry- Fruit Fiesta	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fruit, Tropical, Mixed- Dole	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Gelatin	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
General Tso Sauce, JTM	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Go-Gurt	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Graham Cracker Cluster, Clodhopper Chocolate	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Graham Cracker Cluster, Vanilla- Clodhopper	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Gravy Mix, Chicken- Lawry's	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	No
Gravy, Brown- Lawry's	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Grits, Quick- Quacker	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Honey Mustard Dressing- Sysco Imperial	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Honey, House Recipe	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Hot Dog, Turkey Franks- Jennie-O	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Hot Sauce, Cajun Chef	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
Ice Cream, Blue Bell fudge bar	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Ice Cream, Blue Bell Mini Krunch Bar	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Ice Cream, Blue Bell Banana Fudge Bar	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	No
Ice Cream, Blue Bell Chocolate	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Ice Cream, Blue Bell Cookie Cone	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Ice Cream, Blue Bell Cookies and Cream Sandwich	No	Yes	Yes	No	Yes	No	Yes	No	No	Yes
Ice Cream, Blue Bell Fudge Blast	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No
Ice Cream, Blue Bell Krunch Bar	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Ice Cream, Blue Bell Mini Rainbows	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
Ice Cream, Blue Bell Mini Sandwich	No	Yes	Yes	No	Yes	No	Yes	No	No	Yes
Ice Cream, Blue Bell Mini Vanilla Country Cone	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Ice Cream, Blue Bell Neapolitan Sandwich	No	Yes	Yes	No	No	No	Yes	No	No	Yes
Ice Cream, Blue Bell Nutzo Cone	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes
Ice Cream, Blue Bell Orange Crème Bar	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No
Ice Cream, Blue Bell Rainbow Freeze	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Ice Cream, Blue Bell Rainbow Sherbet	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	No
Ice Cream, Blue Bell Sandwich	No	Yes	Yes	No	Yes	No	Yes	No	No	Yes
Ice Cream, Blue Bell Strawberry Banana bar	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
Ice Cream, Blue Bell Strawberry Ice Cream	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Ice Cream, Blue Bell Strawberry Yogurt	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Ice Cream, Blue Bell Vanilla	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Apple- M&B	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Apple- Motts	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Apple- Sahara Burst	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Apple/Cherry- M&B	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Juice, Berry- Motts	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Fruit Blend- Cal-tex	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Fruit Blend- M&B	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Grape- Cal-tex	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Grape- M&B	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Grape- Motts	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Orange- M&B	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Orange/Pineapple Cal-tex	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Orange/Pineapple M&B	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Juice, Punch- Motts	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Ketchup- Hunts	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Ketchup, House Recipe	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Ketchup, Red Gold	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Kitchen Bouquet	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Lemon Extract- Classic/McCormick	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Margarine- Wholesome Farms Classic	Yes	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Marshmallows, Sysco	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
Mayonnaise- Sysco Reliance	No	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Milk, Chocolate- Brown	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Milk, Non-fat Dry- Land O Lakes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Milk, Strawberry- Brown	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Milk, Strawberry- Luvell	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Milk, White- Brown	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Muffin, Banana- Bake Crafters	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Muffin, Blueberry- Bake Crafters	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Muffin, Chocolate Chip- Bake Crafters	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Mustard- French's	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Mustard- Sysco Reliance	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Oil, Soybean	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Oil, Vegetable	No	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes
Olives, Green	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pancake- Echo Lake	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Pancake Wrapped Sausage- Foster Farms	No	No	Yes	Yes	No	Yes	Yes	No	No	Yes
Pancake, Mini- De Waflebakker	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Pasta, Egg Noodle- Gilster-Mary Lee	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Pasta, Elbow Macaroni- Gilster-Mary Lee	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Pasta, Rotini- Gilster-Mary Lee	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Pasta, Spaghetti- Gilster-Mary Lee	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Pasta, Tri-Color- Arrezzo	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
PB&J- Smuckers Uncrustables	No	Yes	Yes	Yes	No	Yes	Yes	No	No	Yes
Pepperoni, sliced- Arrezzo	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Peppers, Banana- Cajun Chef	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Peppers, Jalapeno- Cajun Chef	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Pickle Relish, Dill- Cajun Chef	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Pickle, Cajun Chef Kosher Dill Spears*	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pickle, Cajun Chef Hamburger Dill Slice	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Pickle, Cajun Chef Sweet Relish	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Pizza, 4x6- The Max	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pizza, 7" Cheese- Alpha Supreme	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pizza, Beef Ranchero- Nardone	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pizza, Papa John's	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pork Sausage Links- Advance	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pork Sausage Patty- Advance	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pork, BBQ-JTM	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pork, Chop Breaded Patty- Advance	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pork, Sausage Rope Farmland	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Pork, Taco Filling-JTM	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Potato, Crinkle Cut Fries- Simplot	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Potato, Hashbrown Patty- Ore-Ida	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Potato, Mashed- Excel Pearls	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Potato, Seasoned- Lamb Weston	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Potato, Shoestrings- Glacier	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Potato, Smiles- McCain	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Potato, Sweet Shoestring- Glacier	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Potato, Waffle Fry- Ore-Ida	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Pudding, Chocolate- Gehl	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Pudding, Vanilla- Gehl	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes
Push-up, Juice Blue Raspberry- J&J	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Push-up, Juice Cherry- J&J	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Push-up, Juice Pink Lemonade- J&J	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Push-up, Juice Strawberry- J&J	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Rice- Sysco	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Roux Mix, Tony Chachere's	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Salsa, Rosarita	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Sauce, Sweet & Sour- La Choy	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Season-All, Morton	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Sesame Seed, Adams	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Shortening, Vegetable	No	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes
Shrimp Poppers- Tampa Maid	No	No	Yes	No	Yes	Yes	No	No	No	Yes
Slushie- Cool Tropics/ Juice Alive	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No
Soup Base, Beef	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Soup Base, Chicken	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Sour Cream, Daisy	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Soy Sauce- La Choy	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Sunflower kernels	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Sweet & Sour Sauce- La Choy	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Taco seasoning mix	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
TacoShells- Mission	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Toaster Pastry- PopTart	No	Yes	Yes	Yes	Yes	No	Yes	No	No	No
Toppettes, Chocolate	No	Yes	Yes	Yes	No	No	Yes	No	Yes	No
Toppettes, Rainbow	No	Yes	Yes	Yes	No	No	Yes	No	Yes	No
Tortilla, Corn- Casa Solana	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Tortilla, Flour- Tyson	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes
Turkey Ham, Sliced Candn. Bacon- Jennie-O	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Turkey Roast, cooked- Jennie-O	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Turkey, Deli- Sysco Classic	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Vanilla Flavor- Classic/McCormick	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Veal Patty- Pierre	No	No	Yes	No	Yes	Yes	Yes	No	No	Yes
Vegalene, Butter Flavor	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Vegalene, Pan Coating	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Waffle- Aunt Jemima	No	No	Yes	No	Yes	Yes	Yes	No	No	No
Whipped Topping- Diamond Crystal Brands	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Whipped Topping Yesn-Dairy- Rich's	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Worcestershire Sauce- Cajun Chef	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes

FOOD ALLERGIES: CAN MY CHILD EAT THIS?

Look under the column of child's allergen. Ask, " May I serve my child this food?"

If the column states "No", child can not have this item.

If "Yes", the food does not contain the allergen and it may be served to the child.

Product name	Corn	Eggs	Fish	Milk	Peanuts/Nuts	Red #40	Shellfish	Soy	Wheat	Yellow #5 & #6
Yogurt, Upstate Farms	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes