

# August 2017 High School Lunch Cycle Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk	2 Meatballs in Red gravy Spaghetti Broccoli w/Cheese Fresh Fruit Chilled Peaches Garlic Roll Milk	3 Red or White Beans w Chicken Smackers Rice Caesar Salad Fresh Fruit Chilled Applesauce Cornbread Milk	4 Pork Chop Mashed Potatoes w/Gravy Seasoned or Italian Green Beans Fresh Fruit Chilled Strawberries Southern Butter Roll Cake Milk
7 Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Fresh Fruit Chilled Pineapple Southern Butter Roll Milk	8 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk	9 Meatsauce Spaghetti Cauliflower w/Cheese Fresh Fruit Chilled Applesauce Garlic Roll Milk	10 Red or White Beans w Sausage Links Rice Popeye Salad Fresh Fruit Chilled Strawberries French Bread Milk	11 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Fresh Fruit Chilled Pears Southern Butter Roll Cookie Milk
14 Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Fresh Fruit Chilled Strawberries Southern Butter Roll Milk	15 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches Cinnamon Roll Milk	16 Lasagna Creamed Spinach Fresh Fruit Chilled Mandarin Oranges Garlic Roll Milk	17 Red or White Beans w Chicken Smackers Rice Cauliflower w/Cheese Fresh Fruit Chilled Pears Cornbread Milk	18 Shepard's Pie Italian Salad Fresh Fruit Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk
21 Beef Stew Rice Carrot Souffle Seasoned or Italian Green Beans Fresh Fruit Chilled Mixed Fruit Southern Butter Roll Milk	22 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk	23 Meatsauce Spaghetti Broccoli w/Cheese Fresh Fruit Chilled Pears Garlic Roll Milk	24 Red or White Beans w Sausage Links Rice Caesar Salad Fresh Fruit Chilled Applesauce French Bread Milk	25 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Fresh Fruit Chilled Peaches Southern Butter Roll Brownie Milk
28 Shepard's Pie Glazed Carrots Fresh Fruit Chilled Applesauce Southern Butter Roll Milk	29 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk	30 Meatballs in Red gravy Spaghetti Broccoli w/Cheese Fresh Fruit Chilled Peaches Garlic Roll Milk	31 Red or White Beans w Chicken Smackers Rice Caesar Salad Fresh Fruit Chilled Applesauce Cornbread Milk	

