



# October 2017 High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Fresh Fruit Chilled Pineapple Southern Butter Roll Milk</p>	<p>3</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shr. Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk</p>	<p>4</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Fresh Fruit Chilled Applesauce Garlic Roll Milk</p>	<p>5</p> <p>Red /White Beans w Sausage Links Rice Popeye Salad Fresh Fruit Chilled Strawberries French Bread Milk</p>	<p>6</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Fresh Fruit Chilled Pears Southern Butter Roll Cookie Milk</p>	
<p>9</p> <p>Chicken &amp; Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Fresh Fruit Chilled Strawberries Southern Butter Roll Milk</p>	<p>10</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shr. Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches Cinnamon Roll Milk</p> 	<p>11</p> <p>Lasagna Creamed Spinach Fresh Fruit Chilled Mandarin Oranges Garlic Roll Milk</p>	<p>12</p> <p>Red/White Beans w/chicken smackers Rice Cauliflower w/Cheese Fresh Fruit Chilled Pears Cornbread' Milk</p> 	<p>13</p> <p>Shepard's Pie Italian Salad Fresh Fruit Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk</p>	
<p>16</p> <p>Beef Stew Rice Carrot Souffle Seasoned or Italian Green Beans Fresh Fruit Chilled Mixed Fruit Southern Butter Roll Milk</p>	<p>17</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shr. Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk</p>	<p>18</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Fresh Fruit Chilled Pears Garlic Roll Milk</p>	<p>19</p> <p>Red/ White Beans w Sausage Links Rice Caesar Salad Fresh Fruit Chilled Applesauce French Bread Milk</p> 	<p>20</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Fresh Fruit Chilled Peaches Southern Butter Roll Brownie Milk</p>	
<p>23</p> <p>Shepard's Pie Glazed Carrots Fresh Fruit Chilled Applesauce Southern Butter Roll Milk</p>	<p>24</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shr. Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk</p>	<p>25</p> <p>Meatballs in Red Gravy Spaghetti Broccoli w/Cheese Fresh Fruit Chilled Peaches Garlic Roll Milk</p>	<p>26</p> <p>Red/White Beans w/ Chicken Smackers Rice Caesar Salad Fresh Fruit Mandarin Oranges Cornbread Milk</p>	<p>27</p> <p>Pork Chop Mashed Potatoes w/Gravy Seasoned or Italian Green Beans Fresh Fruit Chilled Strawberries Southern Butter Roll Cake Milk</p>	
<p>30</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Fresh Fruit Chilled Pineapple Southern Butter Roll Milk</p>	<p>31</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shr. Lettuce &amp; Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk</p> 	<p><b>NATIONAL SCHOOL LUNCH WEEK</b></p> <p>October 9-13, 2017</p> 			