




October 2017 High School Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Breaded Chicken (Spicy) Patty on Bun <i>with</i> Lettuce/Tomato/Pickle AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Baby Carrots AND Boneless Wings <i>with</i> Baby Carrots and Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Pineapple Fresh Fruit Milk	Grilled Cheese Sandwich <i>with</i> Baby Carrots AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Corn AND Chicken Strips <i>with</i> Corn AND Chicken Strips <i>with</i> Corn AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Mandarin Oranges Fresh Fruit Cinnamon Roll Milk	Calzonettes <i>with</i> Seasoned or Italian Green Beans AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Seasoned or Italian Green Beans AND Chicken Smackers <i>with</i> Seasoned Green Beans and Garlic Roll AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Applesauce Fresh Fruit Milk	Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Chicken Nuggets <i>with</i> French Bread AND Baked Beans Popeye Salad Tots/ShoeString/Crinkle/Smiles Sweet Potato Fries Chilled Strawberries Fresh Fruit Milk	Ham Poboy w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle OR Hot Ham w/wo Cheese on Bun or Poboy <i>with</i> Seasoned Green Peas AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Seasoned Green Peas AND Boneless Wings <i>with</i> Green Peas and Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Pears Fresh Fruit Cookie Milk
9	10	11	12	13
Hot Dog w/wo Chili <i>with</i> Glazed Carrots AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Glazed Carrots AND Chicken Nuggets <i>with</i> Glazed Carrots and Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Fresh Fruit Chilled Strawberries Garlic Roll Milk	Ham Poboy w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle OR Hot Ham w/wo Cheese on Bun or Poboy <i>with</i> Corn AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Corn AND Chicken Smackers <i>with</i> Corn AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Fresh Fruit Chilled Peaches Cinnamon Roll Milk	Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Boneless Wings <i>with</i> Garlic Roll AND Creamed Spinach Tots/ShStng/Crinkle/Sweet Pot/Smiles Fresh Fruit Chilled Mandarin Oranges Milk	Breaded Chicken (Spicy) Patty on Bun <i>with</i> Lettuce/Tomato/Pickle AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Chicken Nuggets <i>with</i> Cauliflower & cheese and Cornbread AND Baked Beans Tots/ShoeString/Crinkle/Smiles Sweet Potato Fries Chilled Pears Fresh Fruit	Calzonettes <i>with</i> Italian Salad AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Italian Salad AND Chicken Strips <i>with</i> Italian Salad And Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Tropical Fruit Fresh Fruit Rice Krispie Milk

<p>16</p> <p>Calzonettes <i>with</i> Carrot Souffle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Carrot Souffle AND Chicken Nuggets <i>with</i> Carrot Souffle & Southern Butter Roll AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Mixed Fruit Fresh Fruit Milk</p>	<p>17</p> <p>Grilled Cheese Sandwich <i>with</i> Corn AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Corn AND Boneless Wings <i>with</i> Corn AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Mandarin Oranges Fresh Fruit Cinnamon Roll Milk</p>	<p>18</p> <p>Breaded Chicken (Spicy) Patty on Bun <i>with</i> Lettuce/Tomato/Pickle AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Chicken Smackers <i>with</i> and Garlic Roll AND Broccoli w/Cheese Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Pears Fresh Fruit Milk</p> <p style="text-align: center;">NUTRITION DAY</p>	<p>19</p> <p>Hot Dog w/wo Chili AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Chicken Nuggets <i>with</i> French Bread AND Baked Beans Tots/ShoeString/Crinkle/Smiles Sweet Potato Fries Chilled Applesauce Fresh Fruit Milk</p>	<p>20</p> <p>Ham Poboy w/wo Cheese w/ lettuce/tomato/ pickle OR Hot Ham w/wo Cheese on Bun or Poboy <i>with</i> Seasoned Green Peas AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Seasoned Green Peas AND Chicken Strips w/ Seasoned Green peas & Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Fresh Fruit Chilled Peaches Southern Butter Roll Brownie Milk</p>
<p>23</p> <p>Calzonettes <i>with</i> Glazed Carrots AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) w/ Glazed Carrots AND Chicken Smackers <i>with</i> Southern Butter Roll and Glazed Carrots AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Applesauce Fresh Fruit Milk</p>	<p>24</p> <p>Ham Poboy w/wo Cheese Lettuce/Tomato/Pickle OR Hot Ham w/wo Cheese on Bun or Poboy W/ Corn AND Hamburger on Bun w/wo Cheese w/ Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) w/ corn AND Boneless Wings w/ corn AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Pears Fresh Fruit Cinnamon Roll Milk</p>	<p>25</p> <p>Breaded Chicken (Spicy) Patty on Bun <i>with</i> Lettuce/Tomato/Pickle AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Chicken Nuggets <i>with</i> Garlic Roll AND Broccoli w/Cheese Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Peaches Fresh Fruit Milk</p>	<p>26</p> <p>Grilled Cheese Sandwich AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) AND Chicken Strips <i>with</i> Cornbread AND Baked Beans Tots/ShoeString/Crinkle/Smiles Sweet Potato Fries Mandarin Oranges Fresh Fruit Milk</p>	<p>27</p> <p>Hot Dog w/wo Chili <i>with</i> Seasoned or Italian Green Beans AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Green Beans AND Chicken Nuggets w/ Seasoned Green Beans and Southern Butter Roll AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Strawberries Fresh Fruit Cake Milk</p>
<p>30</p> <p>Breaded Chicken (Spicy) Patty on Bun <i>with</i> Lettuce/Tomato/Pickle AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) <i>with</i> Baby Carrots AND Boneless Wings <i>with</i> Baby Carrots and Southern Butter Roll AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Pineapple Fresh Fruit Milk</p>	<p>31</p> <p>Grilled Cheese Sandwich with Baby Carrots AND Hamburger on Bun w/wo Cheese <i>with</i> Lettuce/Tomato/Pickle AND Cheese & Pepperoni Pizza (All 3) with Corn AND Chicken Strips with Corn AND Tots/ShStng/Crinkle/Sweet Pot/Smiles Chilled Mandarin Oranges Fresh Fruit Cinnamon Roll Milk</p> <p style="text-align: center;"></p>			